

COMPETE. DEFEND. ADVANCE.

Cycle Achievement Awards



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Cycle Achievement Awards

All training and event participation leads to the Cycle Achievement Awards. It is where students are recognized for their accomplishments both on the mat and off.

Each of our season 6 cycles have two events, one each month. Since the purpose of our training is to compete, defend and advance Tiger-Rock has developed a tournament, defense combine and test Mode series to accelerate skill development and distinguish ourselves. It is through our participation that we challenge each other to become exceptional martial art athletes. As we participate and achieve cycle by cycle we record points earned.

Together within the Cycle Achievement Awards each cycle we celebrate achievements of each member and new Journey inductees as they are spotlighted during their honor walk. At season end we celebrate the entire season achievements of the 10 top performers as they are spotlighted during their achievement walk.

Three Events that Define Us

Our combined participation in all three events define us as martial art triathletes. Cycle performance and achievement is celebrated during each cycle's awards.



Invitation to Cycle Achievement Awards

Presented to each student during every event along with rank up cards if qualified.



Black Belt Journey Cycle Achievement Awards & Seminar

- Who: All members, event participants and inductees into the Black Belt Journey
- When: Friday evening of testing mode event week
- Two Sections: Awards and Black Belt Journey Seminar

Tiger-Cubs & R15E Journey Cycle Achievement Awards

- Who: All members and event participants and new white belt inductees into the R15E Journey




Black Belt Journey Cycle Achievement Awards are held during the week of testing. This means that the test event and ceremony event are in the same week.

Community Give Back Partnerships


1. Salvation Army (Christmas Season)
2. Red Nose Day Project (May national event)
3. Big Brothers Big Sisters

Winners Keep Score

DISPLAY ON SCREEN DURING THE ACHIEVEMENT WALK



-Insert Photo-




MY CYCLE SCORECARD

Name: _____

Current Belt Rank: _____

Cycle #: _____ **Year:** _____

August #1, October #2, December #3, February #4, April #5, June #6



By Cycle Only: Earn Allstar Seasonal Status with 16 points in one cycle
(Allstar status requires earning 1 gold medal, forms & sparring only)

Events	Sign Up Points	Event Points
Speed Breaker		
Tournament		
Defense Combine		
Test Up		
Cycle Total		

Event Point System

Tournament: Sign Up 5/form or sparring Gold 3, Silver 2, Bronze 1.
(Allstar status requires earning 1 gold medal, forms & sparring only)

Test: Sign up 5/one promotion 3 (tournament rank ups not allowed).

Defense Combine: Sign up 5/tier one black 3, tier two red 2, tier three blue 1.

Speed Breaker: Sign up 5/tier one green 3, tier two orange 2, tier three yellow 1.

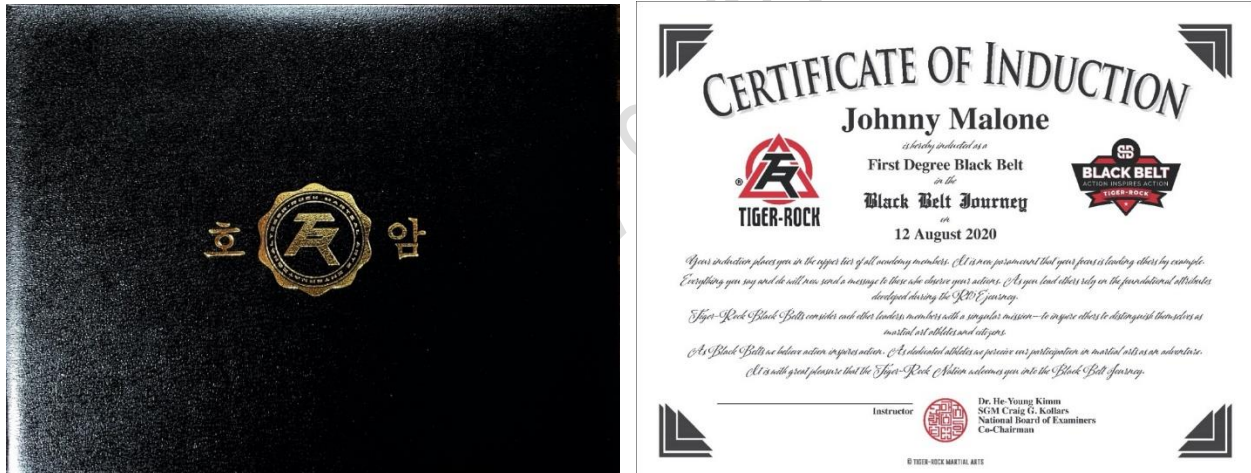
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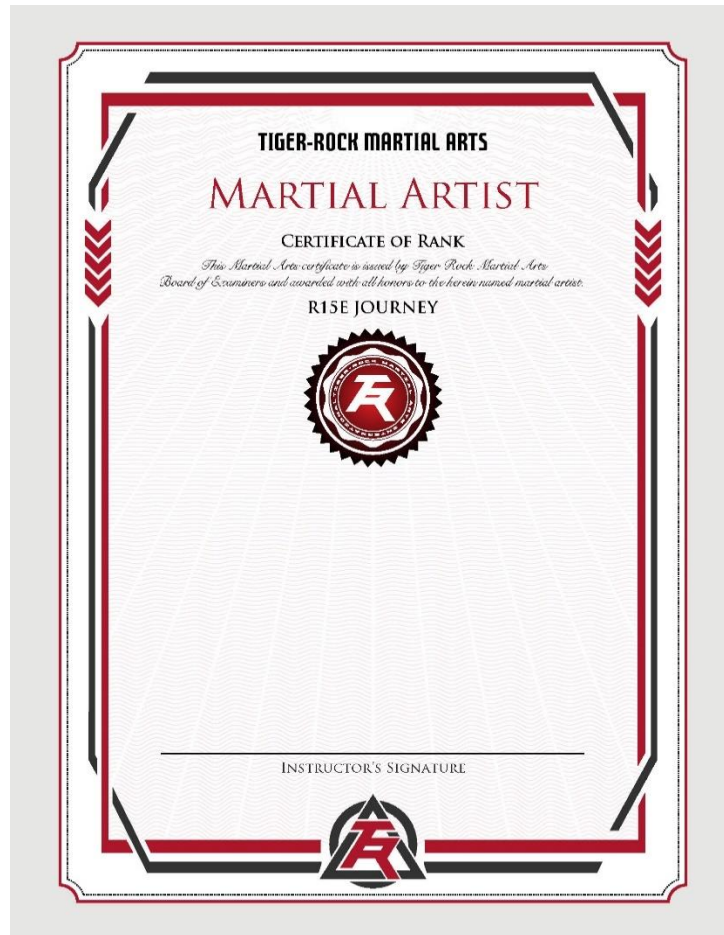
BLACK BELT JOURNEY CERTIFICATE OF INDUCTION



- Order Early from Tiger-Rock
- Currently available for Black Belt Journey Inductees. Other journeys to follow.



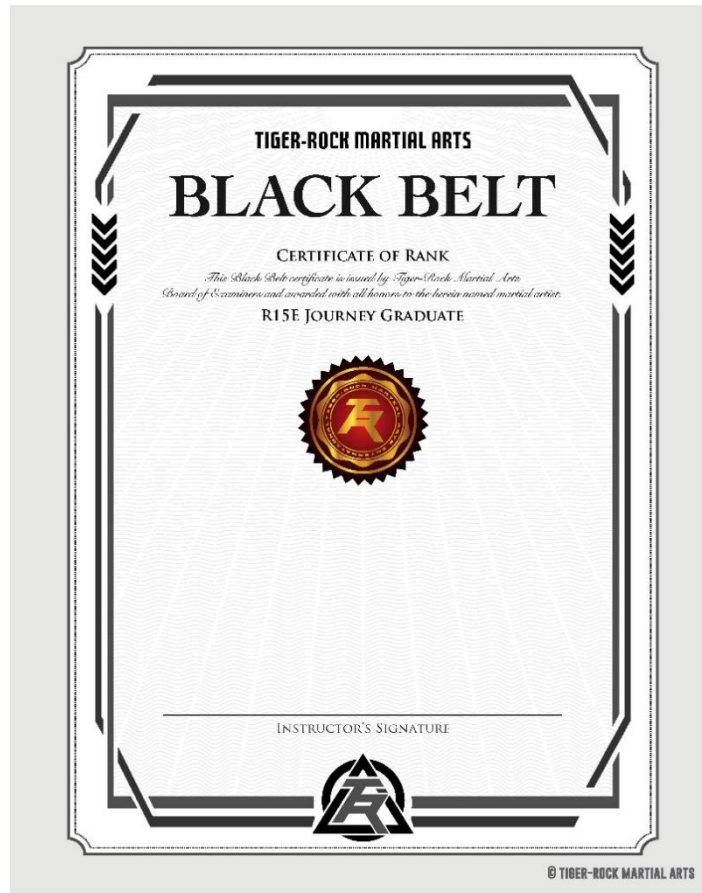
R15E Journey Certificate



PROP

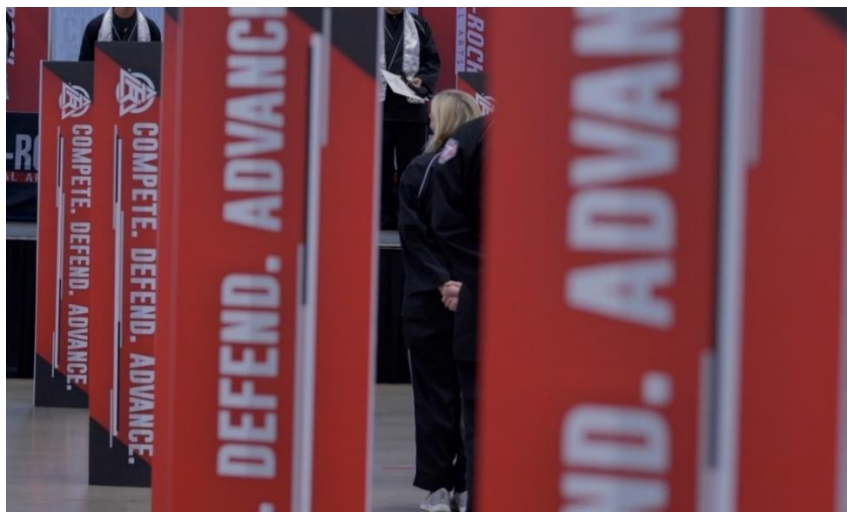


Black Belt Journey Certificate



Achievement Awards Columns

The Awards are unique to Tiger-Rock and requires 6 to 8 columns for the achievement walk. This creates a walk similar to the walk into the Olympics or onto the floor of an athletic event. It is best not to include a red carpet system.



Journeys, Story, and Certificate Designation

TIGER CUB JOURNEY

1. Graduate Certificate Designation; Tiger Cub Black Belt 7/7
2. Story; about exploring their world
3. Motto: *Explore My World*
4. Age: 4 & 5

R15E JOURNEY 15/15

1. Graduate Certificate Designation; Induction Black Belt
2. Story: transformative development of athletic and personal attributes through training and performance.
3. Motto: *Be Transformed*
4. Age: 6+

BLACK BELT JOURNEY 15/15

1. Graduate Certificate; Induction as Master
2. Story: action inspires action. Using the attributes developed during the R15E journey we lead others by active example to advance, compete and defend as we continue our transformation together. Black Belts lead event participation and academy initiatives.
3. Motto: *Action Inspires Action*
4. Age: 8+

MASTER JOURNEY 9/9

1. Graduate Certificate Designation; Induction as Senior Grandmaster
2. An ambassador for TR using the title to bring prestige to the whole and elevate TR
3. Motto: United States Tiger-Rock Ambassador
4. Age: 25+

Each journey serves the belief and purpose of the journey.



Achievement Awards Attire



White Belts & Color Belts Wear White Top

Black Belts Wear Red Top

Certified Instructors Wear Black Top

BLACK BELT ATTIRE

RED UNIFORM



BLACK BELT



BLACK BELT PATCH



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Journey, Achievement Awards, Symbols, and Dialogue

Celebration of each Journey by design within the Cycle Achievement Awards is one of the most rewarding events we have the privilege to be part of each cycle. All training and event participation leads to our Cycle Achievement Awards. It is where students are recognized for their accomplishments both on the mat and off.

Logistics

1. Achievement Walk Route & Set Up
2. Student Season/Cycle Performance Point Cards
3. Screen for display of student achievements and story

Symbols

1. Uniforms for Inductees (see core manual)
2. Patches
3. Certificates
4. Tournament Rank Up Cards
5. Student Performance Cards
6. Invitations

Current Cycle Event Achievements

Important: students wear new belts, medals, and medallions to ceremony

1. Medals
2. Belts
3. Medallions

Considerations

1. Flights of 16
2. Prepare and practice in advance with team
3. Tell the story of “why” by telling the journey story. In the end people want/need a purpose/belief not a plan/thing.



Script:

Welcome to our Cycle Achievement Awards. We are gathered here to recognize each student as they travel on their journeys: Tiger-Cub-R15E-Black Belt-Master.

We are proud of each of you for your commitment to train and participate in events that accelerate skills and provide opportunities to distinguish yourself. Your parents are proud too.

All training and event participation leads to our Cycle Achievement Awards. It is where students are recognized for their accomplishments both on the mat and off.

Each of our seasons 6 cycles have two events, one each month. Since the purpose of our training is to compete, defend and advance Tiger-Rock has developed a tournament, defense combine and test Mode series to accelerate skill development and distinguish ourselves. It is through our participation that we challenge each other to become exceptional martial art athletes. As we participate and achieve cycle by cycle we record points earned.

Together within the Cycle Achievement Awards each cycle we celebrate achievements of each member and new Journey inductees as they are spotlighted during their achievement walk. At season end we celebrate the entire season achievements of each member as they are spotlighted during their achievement walk.

We are here to celebrate and challenge at the same time each of us as we achieve our goals. We are all on the Tiger-Rock team and are pledged to our goal of transforming the world together.

During all our events members rely on Tiger-Rock performance science and the Form 55/Sparring/Defense 15 for success:

1. Balanced posture alignment
2. Extended plane dynamic force
3. CAT movement
4. Staged flow transition
5. Mindfulness

Now before each of you participates in the achievement walk remember:

At Tiger-Rock we believe the purpose of our training is to compete, defend and advance. It is through active event participation that we accelerate development of our martial art athletic skills, distinguish ourselves and achieve transformation.

Since our founding in 1983 our members across America have told us three things.

They.....

1. **Value:** the opportunity to train to protect themselves & others
2. **Know:** the Martial Arts skills & confidence they receive will last a lifetime
3. **Use:** the jump-kick-punch experiences of Tiger-Rock martial arts to stand up for themselves, stand out among others and to have fun

Our membership experience begins with our belief



Belief

We believe that our action-based style uses the vehicle of martial arts to develop skills and attributes that can be used to “compete, defend and advance” in the martial arts arena and in life.

The Tiger-Rock experience prepares us to:

1. **Compete**
 - a. In tournament challenges
 - b. In life with courage and perseverance
2. **Defend**
 - a. Our safety and the safety of others
 - b. Our values and our beliefs
3. **Advance**
 - a. Our belt ranking and martial art achievements
 - b. Our communities together through our actions and by example

Tiger-Rock training prepares us to compete in three events that have overlapping experiences that when combined, define us as martial art triathletes. Action inspires action.

Together through our event experiences we achieve our goals and are recognized for achievement, effort, and contribution by our friends and society.

Remember our journey began with a choice and the result of our choices will determine our future.

“Action Inspires Action”

“My actions are my only true belongings”

“My actions are the ground upon which I stand”

Now Let Us Begin

